

Assessor: Assessor:	Homeowner Name: Address:
Suggestions: "X" all that apply	Equipment or Assistive Devices
<p>1. EXTERIOR ENTRANCES AND EXITS</p> <p>Do you any difficulty getting in and out of your home? Which entrance(s) do you use the most? Have you had any falls or safety concerns? I want you to show me later how you get in and out of the house.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Increase lighting at entry area <input type="checkbox"/> Install stair rails on both sides <input type="checkbox"/> Install door lever handles; double-bolt lock <input checked="" type="checkbox"/> Install beveled, no step, no trip threshold <input type="checkbox"/> Remove screen or storm door if needed <input checked="" type="checkbox"/> Install grab bar or support to enter <input type="checkbox"/> Create surface to place packages when open door <input type="checkbox"/> Install peephole on exterior door <input type="checkbox"/> Repair holes, uneven joints on walkway <input checked="" type="checkbox"/> Provide non-slip finish to walkway surface <input type="checkbox"/> Add ramp as needed <input type="checkbox"/> Trim bushes and shrubs to provide clear view <input type="checkbox"/> Trim low hanging branches <input type="checkbox"/> Fix or replace doorbell <input type="checkbox"/> Other Suggestions: Such as activity redesign, referrals, education, etc. <div style="border: 1px solid #92d050; padding: 10px; margin-top: 10px;"> <ul style="list-style-type: none"> • Yard-clean up in rear and front. • Homeowner reports goes outside in her back yard in the summer. Is able to climb stairs with railings independently when using handrails </div>	<div style="display: flex; justify-content: space-between;"> <div style="width: 48%;">  <ul style="list-style-type: none"> • Motion Sensor Light </div> <div style="width: 48%;">  <ul style="list-style-type: none"> • Motion Sensor Light • Grab Bar -24 inches. Install vertical for left hand use. </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="width: 48%;">  <ul style="list-style-type: none"> • Repair top of railing or add hand rail. Nails/rough surface. Plastic Material on railing serves as snow screen </div> <div style="width: 48%;">  <ul style="list-style-type: none"> • Add railing to wall of house for support for stair climbing. </div> </div>
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2. INTERIOR DOORS, HALLS, STAIRS

Do you have to use any stairs in your home? Do you have difficulty with stairs or getting along the hallways and through doors inside?

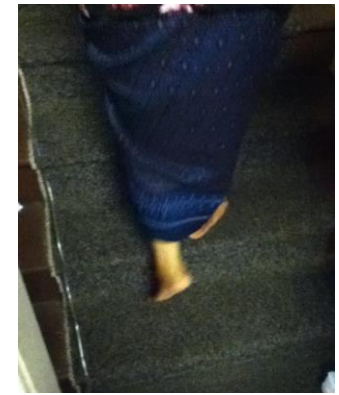
- Create clear pathways between rooms
- Apply color contrast or texture change at top and bottom stair edges
- Install door lever handle
- Install swing-clear hinges to widen doorway.
- Minimum width: 32 inches
- Install beveled thresholds (max 1/2 inch)
- Replace or add non-slip surface on steps
- Repair or install stair handrails on both sides

Other suggestions

- Create clear pathways on stairs to 2nd floor rooms



- Add “contrast” to stair edges



Provide instructions for above photo here, include description and measurement of equipment needed



- Add railing on this wall for continuous hand hold both up and down.



- Add railings to sections of this wall for continuous hand hold. Current railing does not provide continuous hand support

Suggestions: “X” all that apply

Equipment or Assistive Devices

3. BATHROOM

Do you have difficulty getting into the bathroom? Getting in the tub or shower? On and off the toilet? Using the sink? We will take a look at that.

- Install swing-clear hinges to widen doorway.
- Minimum width: 32 inches
- Install grab bars at toilet OR TOILET SAFETY FRAME if you can remove sink
- Install grab bars (see next page)

- Install adjustable-height, hand held shower head
- Install non-slip strips in bath/shower
- Secure floor bathmat with non-slip, double-sided rug tape

- Adapt flush handle or install flush sensor
- Adapt or relocate toilet paper dispenser
- Round counter corners to provide safety
- Insulate hot water pipes if exposed
- Create sitting knee clearance at basin by removing vanity door and shelves underneath
- Install mirror for sitting or standing view
- Install good-quality non-glare lighting
- Install shower with no threshold if bathing abilities are severely limited

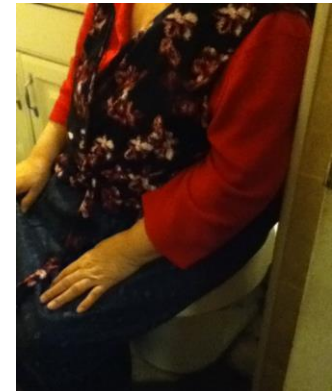
- Elevate toilet height by adding under seat riser, portable seat, or raising toilet at the base
- Install mirror for standing view.
- Other suggestions

Type additional suggestions here



- Add Toilet safety frame IF you can remove sink cabinet and replace with pedestal sink.

21 inch width of space is VERY narrow for arms to support safe sit to stand.



- Height of toilet is GOOD for homeowner.

Homeowner's RIGHT arm has full movement, but LEFT has very limited movement and is painful.



- Add toilet safety frame.

Remove sink cabinet and replace with pedestal sink that increases width of toilet space.



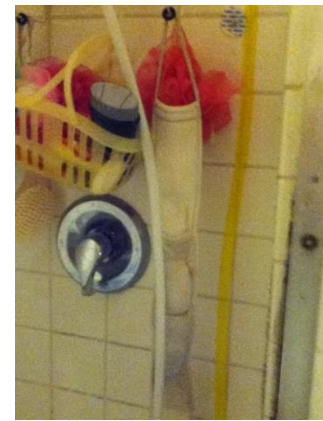
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3. BATHROOM cont.

- Install (2) grab bars (32 inches) vertically in shower** – See Photos with yellow electrical tape.
- Install adjustable-height, **hand held shower head with on/off switch.**
- Install **non-slip strips** in bath/shower
- Other suggestions**
 - **Remove shower doors and replace with rod and shower curtain** to increase width for easy entrance/exit from shower. Homeowner and daughter in agreement.

Suggestion from homeowner

- Install shower with no threshold or cut out** if bathing abilities are **severely limited.**
 - Daughter, homeowner and caregiver requested walk-in shower or cut out entrance to tub.
 - Height of tub (16 inches).
 - OT informed them that that is not the likely option due to funding and lack of severe limitation in homeowner mobility.



- **Add grab bar (32 inch) vertically** approximately where **YELLOW** tape is.

- **Add grab bar (32 inch) vertically** where **YELLOW** tape is.

Suggestions: “X” all that apply

Equipment or Assistive Devices

4. KITCHEN

Do you prepare meals in the kitchen? If so, do you have any difficulties with preparing meals? Safety concerns?

- Increase task lighting at sink, stove, etc.
- Install D-type cupboard door handles
- Install adjustable shelving to increase access to upper cabinets
- Increase access to under counter storage space by installing pull-out units
- Insulate hot water pipes if exposed
- Install hot-proof surface near oven
- Install switches and outlets at front of counter
- Install pressure-balanced, temperature-regulated, lever faucets
- Expand counter surface
- Create sitting knee clearance under work sites by removing doors or shelves
- Improve color contrast of cabinet and counters surface edges for those with low vision
- Add tactile and color-contrasted controls for those with low vision
- Provide sturdy step stool with hand rail
- Clean or install new range hood
- Other suggestions**

Type additional suggestions here

Kitchen not used by homeowner. Daughter and paid

Caregiver provides assistance daily with kitchen tasks such as:

- Meal preparation
- Washing dishes

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Equipment or Assistive Devices

5. LIVING, DINING, BEDROOM

Do you have any difficulty getting in and out of bed or your favorite chair?

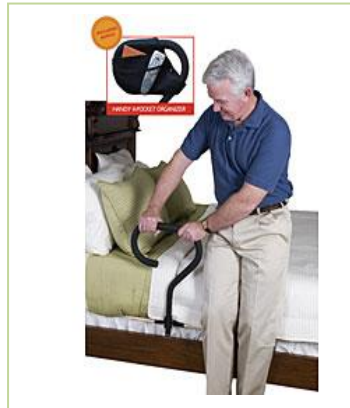
- Widen or clear pathways within each room by rear-ranging furniture
- Secure throw and area rug edges with double-sided tape
- Improve access to and from chairs and beds by inserting risers under furniture legs
- Use side bed rail or chairs with armrests
- Enlarge lamp switch or install touch-control lamp at bedside
- Install adjustable closet rods, shelving, and light source for better storage access
- Install vertical pole adjacent to chair and sofa
- Raise furniture to appropriate height using leg extender products
- Install uniform level floor surfaces using wood, tile, or low-pile rugs
- Install telephone jack near bed and favorite chair
- Other suggestions**

- **Request to establish 2nd floor bedroom** at front of house with windows facing street. Homeowner and daughter requested homeowner sleep in front bedroom on SECOND floor. OT and Homeowner assessed environment and request. Homeowner expressed her preference for this room and motivation to return because: she used to sleep there, room has 2 large windows/sunshine, her personal altar is in this room, does her floral arrangement hobby there. She looked very happy.
 - Reduce height of bed from 25 inches to 18 to 20 in.
 - Bed -Add bed rail to support safe sit to stand
 - Chair with arm rests
 - Touch control lamp at bedside
 - Closet -Lower closet rods & Add light
 - Add bedside commode – No bathroom on 2nd floor. (Can use commode from 1st floor bedroom). Caregiver/daughter agree to clean daily



- Explained pros and cons of 2nd floor bedroom, fall risk, etc. through use of interpreter. Homeowner reports she understands and that it would be temporary.

- Lower height of bed to 18 to 20 inches
- Current 1st floor bed is too high for homeowner at 25 inches



Second option: 1st floor bedroom. If it is not feasible to arrange for 2nd floor bedroom the Suggestions would be same.

- Commode should be available in the bedroom homeowner sleeps in.

Suggestions: “X” all that apply

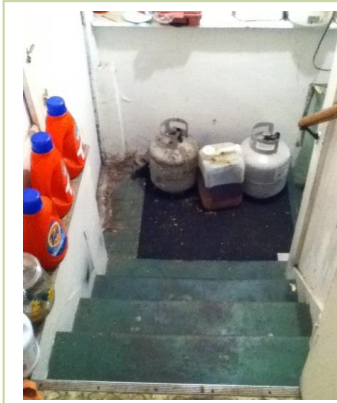
Equipment or Assistive Devices

6. LAUNDRY

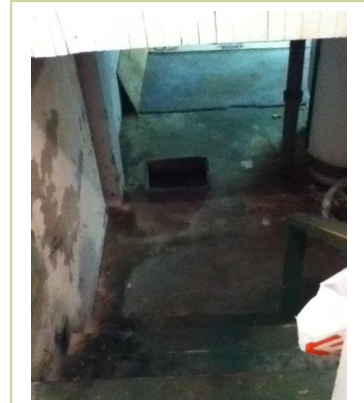
Do you do your own laundry? Any difficulties?

- Build a counter for sorting and folding clothes
- Adjust clothesline to convenient height
- Relocate laundry appliances
- Clean dryer vent or replace with metallic hose

- **Caregiver does laundry.**
- **Homeowner would PREFER to do laundry. Not recommended by OT**
- **For Caregiver ease, RTGM could consider suggestions**



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7. BASEMENT

Do you use the basement? If so...

- Identify and eliminate sources of water in basement (usually gutters our plumbing)
- Add additional lighting as needed
- Remove combustible materials and hazardous waste
- Clear pathway to utilities
- Handrails** need to be added to both sides of stairs.
- Stair tread height is not even.** Daughter requested repair. Not sure if this is necessary or reasonable.
- Other suggestions**

OT suggested homeowner NOT use basement to do laundry. She has a caregiver and it could pose more risk with carrying items.

Note: Caregiver uses basement. We did not fully assess her needs as she was not present for this part of assessment.



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8. LIVING ROOM

- Install **couch cane** to increase independence in getting off couch.
- uniform level floor surface** – (not sure if rugs can be replaced d/t budget)

- Other suggestions**
 - **Couch cane would increase support for standing and sitting from couch.**

No chairs in living room that provide adequate support for sit to stand

9. TELEPHONE AND DOOR

Any difficulty using your phone or identifying visitors? Do you have a personal emergency response system? Lifeline? Answering machine?

- Install wireless phone system near bed, sofa, and chair
- Carry phone in fanny back, on walker, etc.
- Install peephole at convenient height
- Install flashing light or sound amplifier to indicate ringing doorbell for those with visual or hearing problems
- Install mailbox at accessible height
- Other suggestions**

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10. STORAGE SPACE

Any difficulty reaching clothes in your closets or other closets you use regularly?

- Install adjustable closet rods and shelves to appropriate height
- Install bi-fold or pocket doors
- Other suggestions**

Type additional suggestions here

11. WINDOWS

Any difficulty opening and closing windows you use regularly?

- Install lights inside closet
- Install handles and locks that are easy to grip, placed at appropriate heights
- Replace windows or storms that are not functional
- Other suggestions**

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12. ELECTRICAL OUTLETS AND CONTROLS

Do you have enough outlets for your needs?

- Install light fixtures or outlet for lamps
- Install switches at top and bottom of stairs
- Install Ground Fault outlets in kitchen and bathroom
- Install wireless light switches where needed

- Install smoke, CO alarms, fire extinguishers
- Did not address electrical issues as this is already being addressed by RTGM contractor per Erin

13. HEAT, AIR, LIGHT, SMOKE, CARBON MONOXIDE, WATER TEMP CONTROLS

Do you have adequate light, heat, water temperature control? Smoke and carbon monoxide detector?

- Install smoke/CO alarms, fire extinguishers
- Replace thermostat with easy to read programmable type
- Order service for heating/AC system
- Install Compact Florescent lights where appropriate
- Reduce hot water temperature to 120 degrees

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14. OTHER

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Summary of Suggestions

Equipment or Modification	Measurement & Description if needed	Quantity	Comment
Bed rail		1	Bedroom
Carbon monoxide alarm		1	
Chair with arm rests		1	Bedroom
Closet light source		2	Bedroom
Couch cane		1	Living room
Counter	TBD	1	Basement laundry
Fire extinguisher		1	Kitchen
Floor grab bar	TBD	1	Bathroom
Flooring/carpet	TBD	TBD	Living room
Grab bars	32 Inch	3	1 - Back door 2 - Bathroom
Hand held shower head		1	Bathroom
Hand rails	TBD	TBD	Back porch stairwell 2nd floor stairwell Basement stairwell
Mirror	Full length	1	Bathroom
Motion sensor light		2	1 - Front door 1 - Back door
Nightlights	TBD	TBD	
Non glare lighting		1	Bathroom
Non slip finish			Front porch stairs Back porch stairs
Non slip strips		1	Bathroom
Non slip surface/strips	TBD	TBD	2 nd floor stairs if carpet removed Basement stairs
Pedestal sink	TBD	1	Bathroom
Shower curtain		1	Bathroom
Shower rod		1	Bathroom
Smoke alarms		3	
Task lighting	TBD	TBD	Kitchen
Toilet safety frame	TBD	1	Bathroom
Touch control lamp		1	Bedroom