

HOT Evidence

Children and Youth 5–21 Driving, Community Mobility, Safety, and Communication Management

Why This Matters

Driving, safety management, and a host of life skills have a role in preparing youths for **community participation** and **independent living**.

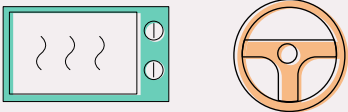
Intervention approaches for **IADL** participation and performance should be **context centered** and may include education, remediation, skill acquisition, adaptation, environmental modification, and prevention approaches.

Using **occupation- and activity-focused approaches**, the occupational therapy practitioner can create opportunities for greater **performance and satisfaction** for children and youths ages 5–21.

Improving Driving, Community Mobility, Safety, and Communication Management

Evidence-Based Interventions

Activity-Based Coaching or Skills Training



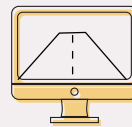
Skills training in the context of the desired occupation (driving, cooking, etc.)



Self-Evaluation of Performance



Interactive Technology



Simulation



Virtual Reality



Web-Based Program

Find the Evidence

Visit <https://research.ota.org/ajot> to review

Occupation- and Activity-Based Interventions to Improve Performance of Instrumental Activities of Daily Living and Rest and Sleep for Children and Youth Ages 5-21: A Systematic Review