

Client: \_\_\_\_\_ DX: \_\_\_\_\_ MRN: \_\_\_\_\_ Eval Date: \_\_\_\_\_ DC Date: \_\_\_\_\_

## Section GG Self-Care (Activities of Daily Living) and Mobility Items

This form can be used to help you score and document Section GG items as you complete your comprehensive occupational therapy evaluation. Section GG is utilized across all post-acute care (PAC) settings by Medicare (CMS). While Section GG is a standardized assessment, other assessments can and should be utilized during a comprehensive occupational therapy evaluation. For more information on how Section GG is utilized in your setting, see the Medicare Assessments linked on the last page. AOTA encourages practitioners to utilize this data as an advocacy tool with management to demonstrate the value of OT in PAC. Remember, Section GG is intended to be used as an interdisciplinary tool so it is not necessary for the OT to score all items at the evaluation. See page 3 for scoring information. Visit [aota.org/value](https://aota.org/value) for more ideas on how to use Section GG data in your practice.

See page 2 for transfer and mobility items that may also apply to the occupational therapy evaluation.

See page 3 for the Section GG scoring algorithm.

6 = Independent; 5 = Setup; 4 = Supervision/Touching; 3 = Partial Assistance; 2 = Substantial Assistance; 1 = Dependent; 07 = Refused; 09 = Not Applicable; 10 = Not attempted due to environment limitations; 88 = Not attempted due to medical condition/safety

### Self-Care Items (Assessment Item GG 0130\*\*\*)

	Admission	Goal	Discharge	Item	Definition
A				<b>Eating</b>	The ability to use suitable utensils to bring food to the mouth and swallow food once the meal is presented on a table/tray. Includes modified food consistency.
B				<b>Oral hygiene</b>	The ability to use suitable items to clean teeth. Dentures: The ability to remove and replace dentures from and to mouth, and manage equipment for soaking and rinsing.
C				<b>Toilet hygiene</b>	The ability to maintain perineal hygiene, adjust clothes before and after using toilet, commode, bedpan, or urinal. If managing ostomy, include wiping opening but not managing equipment.
D				<b>Wash upper body**</b>	The ability to wash, rinse, and dry the face, hands, chest and arms while sitting in a chair or bed.
E				<b>Shower/bathe self*</b>	The ability to bathe self in shower or tub, including washing, rinsing, and drying self. Does not include transferring in/out of tub/shower, washing of back or hair.
F				<b>Upper body dressing*</b>	The ability to dress and undress above the waist, including fasteners.
G				<b>Lower body dressing*</b>	The ability to dress and undress below the waist, including fasteners. Does not include footwear.
H				<b>Putting on/taking off footwear*</b>	The ability to put on and take off socks and shoes or other footwear that are appropriate for safe mobility, including fasteners.

\*Indicates the item is not currently reported to CMS in Long Term Care Hospitals (LTCH) \*\*Indicates the item is only reported to CMS in LTCH.

\*\*\* These items correspond with GG130 in Medicare Assessments including the Minimum Data Set (MDS), Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI), Long Term Care Hospital Continuity Assessment Record Evaluation Tool (LTCH CARE), and the Outcome and Assessment Information Set (OASIS).

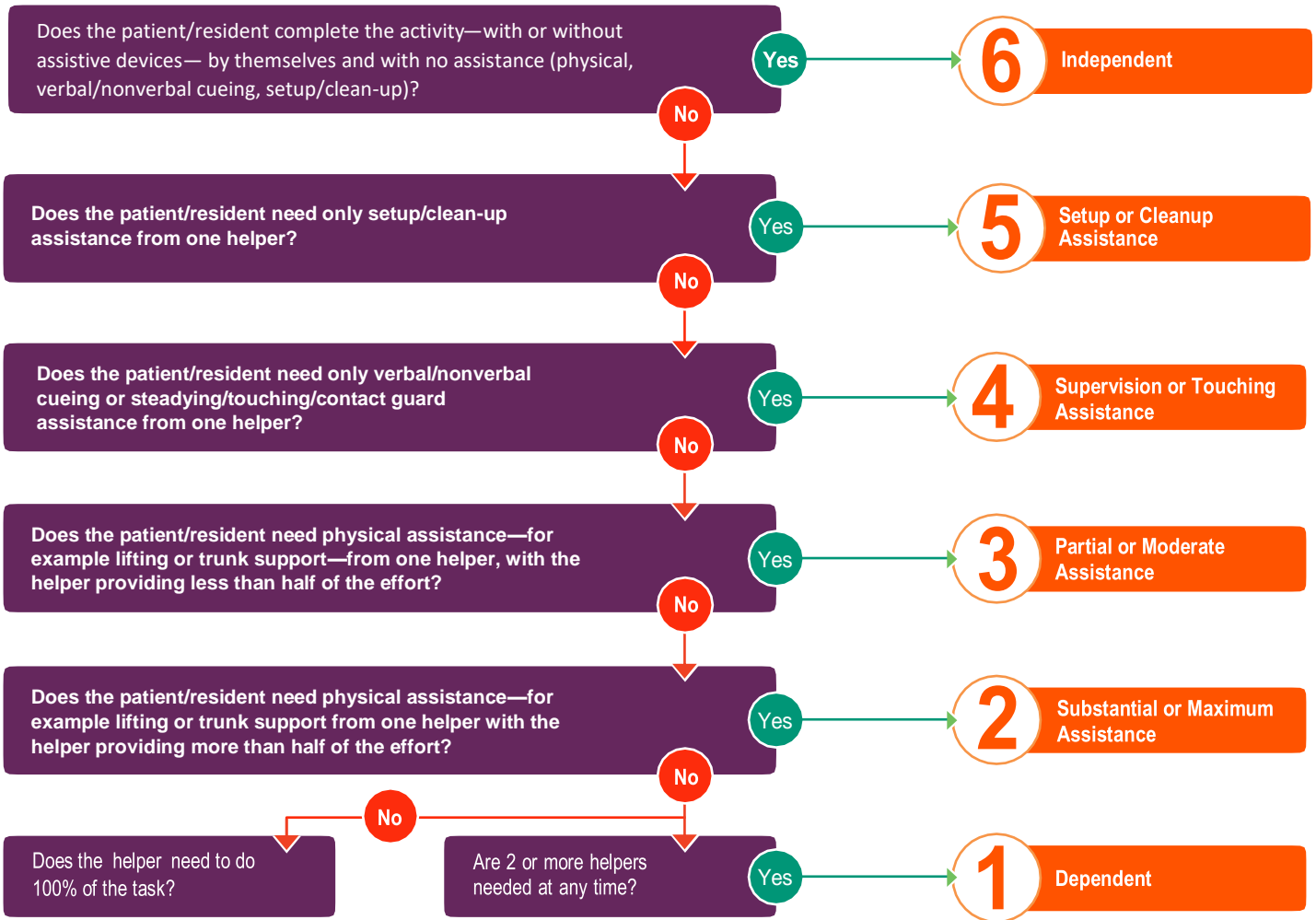
**Section GG Mobility Items (Assessment Item GG 0170\*\*\*)**

	Admission	Goal	Discharge	Item	Definition
A				<b>Roll left and right</b>	The ability to roll from lying on back to left and right side, and return to lying on back on the bed.
B				<b>Sit to lying</b>	The ability to move from sitting on side of bed to lying flat on the bed.
C				<b>Lying to sitting on side of bed</b>	The ability to safely move from lying on the back to sitting on the side of the bed with feet flat on the floor, and with no back support.
D				<b>Sit to stand</b>	The ability to safely come to a standing position from sitting in a chair or on the side of the bed.
E				<b>Chair/bed-to-chair transfer</b>	The ability to safely transfer to and from a bed to a chair (or wheelchair).
F				<b>Toilet transfer</b>	The ability to safely get on and off a toilet or commode.
G				<b>Car transfer*</b>	The ability to transfer in and out of a car or van on the passenger side. Does not include the ability to open/close door or fasten seat belt.
Score "I" through "O" only if the client is walking					
I				<b>Walk 10 feet</b>	Once standing, the ability to walk at least 10 feet in a room, corridor, or similar space. If admission performance is not assessed, Skip to M (1 step (curb)).
J				<b>Walk 50 feet with 2 turns</b>	Once standing, the ability to walk at least 50 feet and make two turns.
K				<b>Walk 150 feet*</b>	Once standing, the ability to walk at least 150 feet in a corridor or similar space.
L				<b>Walking 10 feet on uneven surfaces</b>	The ability to walk 10 feet on uneven or sloping surfaces (indoor or outdoor), such as turf or gravel.
M				<b>1 step (curb)*</b>	The ability to go up and down a curb and/or up and down one step. If admission performance is not completed, Skip to P (picking up object).
N				<b>4 steps*</b>	The ability to go up and down four steps with or without a rail. If admission performance is not assessed, Skip to P (picking up object).
O				<b>12 steps*</b>	The ability to go up and down 12 steps with or without a rail.
P				<b>Picking up object*</b>	The ability to bend/stoop from a standing position to pick up a small object, such as a spoon, from the floor.
Score "R" and "S" only if the client uses a wheelchair. Check: <input type="checkbox"/> manual wheelchair <input type="checkbox"/> motorized wheelchair					
R				<b>Wheel 50 feet with two turns</b>	Once seated in wheelchair/scooter, can wheel at least 50 feet and make two turns.
S				<b>Wheel 150 feet</b>	Once seated in wheelchair/scooter, can wheel at least 150 feet in a corridor or similar space

\*Indicates the item is not currently reported to CMS in Long Term Care Hospitals (LTCH) \*\*Indicates the item is only reported to CMS in LTCH.  
 \*\*\* These items correspond with GG130 in Medicare Assessments including the Minimum Data Set (MDS), Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI), Long Term Care Hospital Continuity Assessment Record Evaluation Tool (LTCH CARE), and the Outcome and Assessment Information Set (OASIS).

**Section GG Scoring Algorithm (CMS, n.d.)**

Use the chart below to score each item. Adaptive equipment and assistive devices may be used for any score. For more information, see [aota.org/SectionGG](http://aota.org/SectionGG).



- 6: Independent**—Patient/resident safely completes the activity by themselves with no assistance from a helper.
- 5. Setup or Cleanup Assistance**—Helper sets up or cleans up; patient/resident completes activity. Helper assists only prior to or following the activity.
- 4. Supervision or Touching Assistance**—Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient/resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 3. Partial/Moderate Assistance**—Helper does less than half the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- 2. Substantial/Maximal Assistance**—Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort
- 1. Dependent**—Helper does ALL the effort. Patient/resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the patient/resident to complete the activity.

- 07: Resident Refused**
- 09: Not Applicable**—Resident did not perform this activity prior to current injury, exacerbation, or injury.
- 10: Not Attempted**—Due to environmental limitations.
- 88: Not Attempted**—Due to medical condition and safety concerns.

### Full Medicare Assessments

Review the most recent full Medicare assessments for each post-acute care setting:

Inpatient Rehabilitation Facility Resident Assessment Instrument (IRF–PAI):

<https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/InpatientRehabFacPPS/IRFPAI>

Minimum Data Set (MDS) used in Skilled Nursing Facilities:

<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/MDS30RAIManual>

Outcome and Assessment Instrument Set (OASIS) used in Home Health Agencies:

<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/HomeHealthQualityInits/OASIS-Data-Sets>

Long Term Care Hospital Continuity Assessment Record (LTCH CARE):

<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/LTCH-Quality-Reporting/LTCH-CARE-Data-Set-and-LTCH-QRP-Manual>

Centers for Medicare & Medicaid Services. (2021). Section GG: Understanding prior functioning and prior device use.

[https://pac.training/courses/GG\\_course1/#/](https://pac.training/courses/GG_course1/#/)

### AOTA Practice Resources

For more information about Evidence-Based Practice and Quality, visit the AOTA website.

### Resources

Centers for Medicare & Medicaid Services. (n.d.). Coding Section GG Self-Care & Mobility Activities included on the Post-Acute Care Item Sets: Key questions to consider when coding. <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/Downloads/GG-Self-Care-and-Mobility-Activities-Decision-Tree.pdf>

Centers for Medicare & Medicaid Services. (2019). Functional measures. <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/Functional-Measures->

Centers for Medicare & Medicaid Services. (2019). Section GG cross-setting training.

[https://pac.training/courses/section\\_gg\\_2019/story\\_html5.html](https://pac.training/courses/section_gg_2019/story_html5.html)