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As an occupational therapy professional working in home health or rehabilitation, you want to provide the best possible care for your clients—injury, illness, or disability. Whether you have a question about Medicare or need new, proven strategies for falls prevention, AOTA has the resources that you need to succeed as an occupational therapy professional!

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Using Smart Technology to Promote Aging in Place for Older Adults

Americans live in an increasingly interconnected world and can benefit by using smart technology that supports their home choices, especially considering the increasing number of people with disabilities living at home and a rise in chronic illness among older adults.

Smart technologies are electronic devices with interactive elements and some autonomous functions. They include a wide range of tools, from accessibility settings on smartphones and tablets to environmental control units, self-monitoring appliances, and voice-activated devices. They are predicted to play a greater role in assisting older adults in areas not typically addressed by medical treatment and home care, such as social interaction, cognitive stimulation, and physical fitness. Improvement in all of these areas can help increase an older adult’s level of comfort, stamina, and performance success while living alone.

Role of Occupational Therapy in Device Identification

Home modifications reduce falls, increase independence, and support the ability of older adults to remain at home, especially when recommended by an OT. OTs are uniquely positioned to recommend smart technology because of their ability to use the occupational profile to determine clients’ priorities and merge their abilities, past experiences, and interests to address current challenges.

Case Example Using the Occupational Therapy Process

Joanne is a 64-year-old woman who had been diagnosed with MS about 5 years earlier. She uses a power wheelchair and has difficulty with fine motor tasks such as dialing a telephone and turning pages in a book. She had been hospitalized as a result of an exacerbation of symptoms but was discharged home with home health occupational therapy services. Joanne wants to live her life at home and is willing to make changes to her home environment.

Joanne’s independence using smart technology was enhanced. She had been diagnosed with MS about 5 years earlier. She uses a power wheelchair and has difficulty with fine motor tasks such as dialing a telephone and turning pages in a book. She had been hospitalized as a result of an exacerbation of symptoms but was discharged home with home health occupational therapy services. Joanne wants to live her life at home and is willing to make changes to her home environment.

Joanne’s OT evaluated her ability to complete her daily activities in her home environment and identified problems with controlling the environment (e.g., adjusting the thermostat, turning lights on and off), preparing meals (e.g., remembering to turn the oven on and off), and listening to music. Together with Joanne, the OT developed a plan for integrating smart technology into Joanne’s daily life to make her more independent.

Many voice-activated virtual assistant options are available to help with daily activities, including Amazon (Alexa), Apple (Siri), Google (Google Home), Microsoft (Cortana), and Samsung (Bixby). Joanne decided to use Siri, since she already had an iPhone. Joanne and the OT practiced using Siri to assist with different activities through voice commands (e.g., setting an alarm for cooking, turning music on and off, calling family members, looking up recipes) and also worked to make sure the phone was accessible at Joanne’s bedside or from her wheelchair and that she was able to recharge it independently.

Ultimately, Joanne is very satisfied with her new technology and is excited about the potential ways it could be expanded on in the future. While Joanne had already been familiar with existing technology, the OT helped match her abilities with the appropriate technology and provided training on how to use it for optimal outcomes. They were able to work together to create and implement a plan to increase Joanne’s independence using smart technology.

Challenges

Despite the opportunities and benefits, there are some potential challenges to smart technology. Problems with proper functioning, difficulties with reading text on screens, and lack of space in the home can affect its ease of use. Most smart technology is relatively simple to install and learn. For those who require assistance, some companies specialize in home smart technology and installation. The OT can then train the client on its use and make any necessary adaptations. Technology is also subject to malfunctioning, dead batteries, or power outages, rendering the device inoperable. Additionally, devices can be hacked if not on a secure network with a strong password.

Conclusion

Smart technology is a powerful tool that can assist individuals to continue to age in place and supports their overall health and well-being. As technology advances, devices will cost less, be easier to use, be more available, and be more powerful. OTs must remain current on new technology trends and devices that support their clients and use their distinct skills to match clients with appropriate technology that supports independence and safety while optimizing participation.

Visit www.aota.org/smart-technology to view the complete article.
**Home Health Care: A Guide for Occupational Therapy Practice**
*Edited by Karen Vance, BSOT*

This comprehensive guide provides the knowledge that clinicians need to work in this setting, covering evaluation, conditions, plans of care, intervention, sustainable outcomes, and community resources, and also details how to satisfy the various stakeholders and roles of Medicare.

After reading this publication or completing this course, readers and learners can:
- Identify the inherent advantages in practicing occupational therapy in the context of the physical and social environment of the client's own home;
- Differentiate the conditions of client populations receiving occupational therapy services in the home from the conditions of those treated in other practice settings;
- Identify stakeholders in the efficient and effective practice of occupational therapy in the home;
- Differentiate the roles of Medicare as the major payer and regulator of home health services;
- Recognize how payer and regulatory requirements are integrated into daily practice;
- Identify the differences between regulatory requirements and HHA policies;
- Delineate how the occupational therapy home health evaluation based on the Framework differs from but can contribute to the accuracy of data reported using the OASIS; and
- Identify the similarities between the quality indicators measured by an HHA and the domain items of the Framework.

**NEW!**

**Occupational Therapy in Acute Care, 2nd Edition**
*Edited by Helene Smith-Gabai, PhD, OTR/L, BCPR, and Suzanne Holm, OTD, OTR/L, BCPR*

One challenge of acute care practice is looking beyond a medical condition and seeing the whole person. Working within a medical setting also requires an understanding of conditions and how illness affects occupational performance. What sets occupational therapy apart is an understanding of the totality of a patient’s occupational profile and the importance of helping them reclaim important roles and routines.

Written collaboratively by OTs with acute care and teaching experience, this book is designed for clinicians in a hospital setting and others seeking to learn more about this often overlooked practice area. Illustrated chapters and videos discuss body systems, common conditions, diseases, procedures, and typical medical management and how they relate to occupational therapy practice.

**Highlights—**
- **Part I. Foundations of Occupational Therapy in Acute Care**—Roles, evidence-based practice, evaluation, standardized assessments, G-codes, ethics, discharge planning
- **Part II. Understanding the Acute Care Environment**—Acute care services and disciplines, national patient safety goals, the ICU, diagnostic tests, lab values, pharmacology, hospital equipment
- **Part III. Body Systems**—Hematologic, cardiac, vascular, pulmonary, nervous, endocrine, gastrointestinal, and genitourinary systems
- **Part IV. Conditions and Disorders**—Orthopedics and musculoskeletal disorders, infectious diseases and autoimmune disorders, oncology, trauma, dizziness, bariatrics, altered mental status, burns, dysphagia, transplantation, low vision, orthotics
- **Part V. Working With Clients in Acute Care**—Safe patient handling, early mobility, pain management, energy conservation, work simplification, PAMs, creating a positive patient experience.
Falls Module I—Falls Among Community-Dwelling Older Adults: Overview, Evaluation, and Assessments
Presented by Elizabeth W. Peterson, PhD, OTR/L, FAOTA, and Roberta Newton, PhD, PT, FGSA
Earn .6 AOTA CEU (7.5 NBCOT PDUs/6 contact hours).
Explains use of the AGS/BGS Fall Prevention Guideline in practice and discusses a holistic approach to addressing falls. Offers practical information for considering safety for community-dwelling older adults.
Order #OL34. AOTA Members: $159, Nonmembers: $236

Falls Module II—Falls Among Older Adults in the Hospital Setting: Overview, Assessment, and Strategies to Reduce Fall Risk
Presented by Roberta Newton, PhD, PT, FGSA, and Elizabeth W. Peterson, PhD, OTR/L, FAOTA
Earn .2 AOTA CEU (2.5 NBCOT PDUs/2 contact hours).
Provides an overview of falls that occur in the hospital setting. Describes the role of occupational therapy in individualized and system-wide hospital-based fall prevention programs.
Order #OL35. AOTA Members: $99, Nonmembers: $141

Falls Module III—Preventing Falls Among Community-Dwelling Older Adults: Intervention Strategies for Occupational Therapy Practitioners
Presented by Elizabeth W. Peterson, PhD, OTR/L, FAOTA, and Elena Wong Espiritu, MA, OTR/L
Earn .45 AOTA CEU (5.63 NBCOT PDUs/4.5 contact hours).
Explains evidence-based intervention strategies to reduce falls among community-dwelling older adults, including both well older adults and those living with chronic disease.
Order #OL36. AOTA Members: $158, Nonmembers: $226

Earn a Level I Badge in Occupational Therapy Falls Prevention
Earners of the Occupational Therapy Falls Prevention—Level I badge have successfully demonstrated an understanding of the problem of falls among older adults and those living with chronic conditions in the community.
Falls Modules I and III are eligible to earn this badge.
Order #CEBDG11

With AOTA’s new digital badging program, you can now easily share your learning achievements with your peers, potential employers, educational institutions, and more! Digital badges are web-enabled representations of a collection of learning achievements that are easy to share via social media or other electronic media.
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AOTA Home Modification Series
Series Editor: Amy Wagenfeld, PhD, OTR/L, SCEM, CAPS
Earn 1–1.5 AOTA CEUs (1.25–1.88 NBCOT PDUs/1–1.5 contact hours) per completed webinar.

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Discover the latest home modifications from children to older adults through the AOTA CE Home Modification Webcast Series. From setting up your own business to assisting clients returning home from inpatient stays, this series offers practical information on the most up-to-date equipment and techniques from experts within the field.

“I’ve Lived Here for 40 Years Without a Handrail”: Meeting the Psychosocial Needs of Clients With Home Mods Challenges
Order #WA1220

From Inspiration to Installation: The Search for Creative Ideas to Solve Home Modification Challenges
Order #WA1221

Setting up a Home Modifications Business
Order #WA1223

Fundamentals of Pediatric Home Modifications
Order #WA1224

Occupational Therapy’s Role in Assisting a Patient Transition From Hospital to Home: General Access and Bathroom Modifications
Order #WA1225

Enabling Design: A Person-Centered Approach
Order #WA1226

Earn Your Home Modifications Badge
Successfully complete all six courses in the Home Modification Series to earn your Home Modifications badge! Earners of the Home Modifications badge have gained understanding of the role of the OT in home modification across the lifespan and with individuals of varying culture and disability status.

Order #CEBDG13

For more information, visit www.aota.org/digitalbadging

Therapeutic Gardens: Design for Your Healing Spaces
By Daniel Winterbottom, RLA, FASLA, and Amy Wagenfeld, PhD, OTR/L, SCEM, CAPS, FAOTA
This collaborative approach between an OT and a landscape architect successfully translates and illustrates the principles of therapeutic design into practice.

ISBN: 978-1-60469-442-0, 2015, 324 pages, illustrated hardcover
Order #694420. AOTA Members: $39, Nonmembers: $45
Distributed product

NOW AVAILABLE AT AOTA!
Occupational Therapy and Home Modification: Promoting Safety and Supporting Participation
Edited by Margaret Christenson, MPH, OTR/L, FAOTA, and Carla Chase, EdD, OTR/L, CAPS

Participation in meaningful activities in the home and community contributes to health, wellness, and good quality of life. One way in which occupational therapy supports that participation is by advocating for increased accessibility through universal design and environmental modification. Occupational therapy professionals fill a unique role in environmental modification—through evaluation, intervention, and outcomes measurement—by facilitating the creation of safe, accessible homes that allow people to do what is important and relevant to them.

This book, which also includes hundreds of photographic and video resources, is written by occupational therapy professionals as well as policymakers, researchers, designers, and builders, articulates the meaning of home to clients, defines universal design, offers assessments and outcomes measurements, delineates collaborative roles, discusses funding options, and provides networking and marketing guidance.

Highlights—
- Part 1. Evaluating the Client and Environment—Recognizing the meaning of home, understanding the bigger picture, choosing assessments, completing the evaluation process
- Part 2. Developing and Implementing a Plan—Proposing solutions, responding to psychosocial barriers, collaborating with builders or remodelers, sources and management of funding

Self-Paced Clinical Course
Occupational Therapy and Home Modification: Promoting Safety and Supporting Participation
Edited by Margaret Christenson, MPH, OTR/L, FAOTA, and Carla Chase, EdD, OTR/L, CAPS

Earn 2 AOTA CEUs (25 NBCOT PDUs/20 contact hours).

A valuable course for occupational therapy clinicians working with adults or children in the home and community. This SPCC includes a book, online exam, and DVD containing a vast collection of photographs and video resources.

Complete this course at your own pace. Afterward, retain a valuable resource containing information on evaluation and intervention, including detailed descriptions of assessment tools and guidelines for client-centered practice promoting desired occupation-based outcomes.

Order #3029. AOTA Members: $259, Nonmembers: $359

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Neurocognitive Disorder (NCD): Interventions to Support Occupational Performance

Neurorehabilitation in Occupational Therapy Series, Volume 1

Edited by Mary A. Corcoran, PhD, OTR/L, FAOTA
Series Senior Editor: Gordon Muir Giles, PhD, OTR/L, FAOTA

Considered a worldwide epidemic, NCDs are the most feared diseases, second only to cancer. The most prevalent NCD is Alzheimer’s disease. OTs bring a unique focus on function to a global effort to understand the brain and address NCDs.

The linkages among brain structures, processes, and function is reflected in this publication and course, which teaches readers and learners to:

- Recognize the neurological underpinnings, cognitive and behavioral symptoms, and progression of several major types of NCD;
- Delineate psychosocial, emotional, and occupational effects;
- Recognize factors affecting quality of life for clients and family caregivers;
- Recognize the critical role of primary caregivers and family in care;
- Identify the components of a comprehensive functional evaluation;
- Delineate the characteristics and benefits of community-based occupational therapy services for clients and their families; and
- Identify translational concepts guiding implementation of evidence-based therapeutic interventions for clients and family caregivers.

Features self-checks and a case study.

Stroke: Interventions to Support Occupational Performance

Neurorehabilitation in Occupational Therapy Series, Volume 2

Edited by Timothy J. Wolf, OTD, MSCI, OTR/L

Stroke is the leading cause of disability in the United States. More than 60% of occupational therapy clinicians work with clients who have had a stroke, and the demographics of those clients are changing.

This publication and course aims to further develop OTs’ clinical competency in working with adults with stroke. Advanced-level practitioners will learn to:

- Identify components of the medical management of adults who have sustained a stroke and their importance to successful rehabilitation outcomes;
- Identify components of the PEOP model and how each supports the management of adults with stroke;
- Recognize how neurological deficits after stroke affect performance deficits and how this knowledge can help guide intervention;
- Identify common physiological, sensory, motor, cognitive, and emotional impairments after stroke and the current evidence-based methods for addressing them;
- Recognize how the Occupational Therapy Practice Framework can guide practice across the continuum of care; and

Features 3 case studies that follow clients through intervention and placement.

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Note: Some restrictions apply. See back cover.
Traumatic Brain Injury (TBI): Interventions to Support Occupational Performance

Neurorehabilitation in Occupational Therapy Series, Volume 3
Edited by Kathleen M. Golisz, OTR, OTD, and Mary Vining Radomski, PhD, OTR/L, FAOTA
Series Senior Editor: Gordon Muir Giles, PhD, OTR/L, FAOTA

TBI can occur at any age, and someone in the United States sustains a TBI every 23 seconds. More than 25% of occupational therapy clinicians work with clients who have had a TBI.

This publication and course aims to further develop OTs’ clinical competency in working with adults with TBI. After reading this publication or completing this course, readers and learners will be able to

- Identify prevention strategies to reduce the risk of TBI;
- Explain the pathophysiology of primary and secondary brain injuries;
- Discuss the continuum of care and natural recovery from TBI;
- Describe the clinical presentation of people with TBI across the continuum of care;
- Identify assessments to evaluate the physical, cognitive, and psychosocial impairments and their functional implications for clients with TBI;
- Describe evidence-based interventions for people with TBI across the continuum of care;
- Identify special considerations for evaluating and treating military personnel with TBI;
- Identify methods for measuring recovery from TBI; and
- Appreciate the challenges experienced by family members of people with TBI, and determine how to address their needs as part of a comprehensive intervention plan.

Features include “Points to Ponder” and case studies.

Also Available as a Self-Paced Clinical Course
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If you already own the book, buy only the CE Exam:
Order #3034CE. AOTA Members: $50, Nonmembers: $90

BESTSELLER!
By Sharon A. Gutman, PhD, OTR/L, and Alison B. Schonfeld, OTR/L
A well-respected staple in hundreds of clinicians’ libraries, this book guides OTs through the screening process. Outlining how to administer clinical screens with step-by-step instructions, screening forms, and extensive photographs, this book is an essential tool for those working in community and home health settings.

Contents—
- Section 1. Cognitive Screening
- Section 2. Functional Visual Screening
- Section 3. Perceptual Screening
- Section 4. Sensory Screening
- Section 5. Motor Screening
- Section 6. Cerebellar and Basal Ganglia Function Screening
- Section 7. Cranial Nerve Function Screening
- Section 8. Neuropathy and Peripheral Nerve Functioning Screening
- Section 9. Dysphagia Screening
- Section 10. Mental Status Screening
- Appendixes—Includes a list of in-depth assessments.
Upper-Extremity Task-Specific Training After Stroke or Disability: A Manual for Occupational Therapy and Physical Therapy
By Catherine E. Lang, PhD, PT, and Rebecca L. Birkenmeier, OTD, OTR/L
Task-specific training is an effective intervention for relearning a motor skill when used by itself or in combination with other interventions. This practical manual includes 100 self-care, productivity, and leisure tasks, describing key impairments addressed by the task, materials needed to perform the task, ways to make each task more or less difficult, how to determine task mastery, and related tasks.

Highlights—

- Chapter 1. Overview of Task-Specific Training—Describes how to use the manual, principles of task-specific training, and unique challenges of UE task-specific training
- Chapter 2. Assessment for Task-Specific Training—Explains assessing sensorimotor impairments and UE function and activity, as well as identifying and setting goals
- Chapter 3. Task-Specific Training—Discusses matching goals to specific tasks, grading tasks to challenge motor capabilities, progressing or changing tasks, and managing feedback
- Chapter 4. Toolbox of Upper-Extremity Tasks—Includes task descriptions, categorical and alphabetical indexes, grading, key impairments addressed, and a blank task example
- Chapter 5. Planning and Organizing Tasks Into a Treatment Program—Describes length and frequency of treatment programs; how to select complementary tasks; and treatment program adaptations for people with pain, ataxia, apraxia, and hemispatial neglect
- Chapter 6. Task-Specific Training as the Home Exercise Program—Explains type and difficulty of tasks, number of tasks, and participation in a home exercise program.

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AOTA’s Occupational Therapy Practice Guidelines Series

Using a perspective developed by the AOTA Evidence-Based Practice Project and key concepts from the Occupational Therapy Practice Framework, these guidelines define the nature, frequency, and duration of the interventions that occur within the boundaries of an illness or physical disability.

**NEW!**

**Occupational Therapy Practice Guidelines for Adults With Alzheimer’s Disease and Related Neurocognitive Disorders**

By Catherine Verrier Piersol, PhD, OTR/L, FAOTA, and Lou Jensen, OTD, OTR/L, C/NDT, LSVT–BIG Certified

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**Occupational Therapy Practice Guidelines for Adults With Traumatic Brain Injury**

By Steven Wheeler, PhD, OTR/L, CBIS, and Amanda Acord-Vira, MOT, OTR/L, CBIS

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**Applying the Occupational Therapy Practice Guideline for Adults with Traumatic Brain Injury**

Presented by Steven Wheeler, PhD, OTR/L, CBIS, and Amanda Acord-Vira, MOT, OTR/L, CBIS

Earn .15 CEU (1.88 NBCOT PDUs/1.5 contact hours).

Learning Objectives

- Identify the components of the Practice Guidelines.
- Select appropriate assessments for people with MS, PD, ALS, and TM.
- Select appropriate evidence-based interventions for people with MS, PD, ALS, and TM.

Access to the Practice Guidelines is required to successfully complete the course and pass the exam.
Order #OL4896
AOTA Members: $34.95, Nonmembers: $49.95

**Occupational Therapy Practice Guidelines for Adults With Stroke**

By Timothy J. Wolf, OTD, MSCI, OTR/L, FAOTA, and Dawn M. Nilsen, EdD, OT/L

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**Occupational Therapy Practice Guidelines for Adults With Neurodegenerative Diseases**

By Katharine Preissner, EdD, OTR/L

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**EARN CE!**

**Applying the Occupational Therapy Practice Guidelines for Adults With Neurodegenerative Diseases**

Presented by Katharine Preissner, EdD, OTR/L

Earn .15 CEU (1.88 NBCOT PDUs/1.5 contact hours).

Learning Objectives

- Identify the components of the Practice Guidelines.
- Recognize when the Practice Guidelines are applicable to a practice situation.
- Distinguish between types of home modification solutions based on the Practice Guidelines.
- Select assessments and interventions consistent with the evidence included in the Practice Guidelines.
- Identify strategies for integrating home modification solutions into existing performance patterns.

Access to the Practice Guidelines is required for success with the learning experience and assessment.
Order #OL4895
AOTA Members: $34.95, Nonmembers: $49.95

**Occupational Therapy Practice Guidelines for Home Modifications**

By Carol Siebert, MS, OTR/L, Stacy Smallfield, DrOT, OTR/L, and Susan Stark, PhD, OTR/L

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**EARN CE!**

**Using the Occupational Therapy Practice Guidelines for Home Modifications**

By Carol Siebert, MS, OTR/L, FAOTA, and Stacy Smallfield, DrOT, OTR/L, PAOTA

Earn .15 CEU (1.88 NBCOT PDUs/1.5 contact hours).

Learning Objectives

- Identify the components of the OT Practice Guidelines for Home Modifications.
- Recognize when the Practice Guidelines are applicable to a practice situation.
- Distinguish between types of home modification solutions based on the Practice Guidelines.
- Select assessments and interventions consistent with the evidence included in the Practice Guidelines.
- Identify strategies for integrating home modification solutions into existing performance patterns.

Access to the Practice Guidelines is required for success with the learning experience and assessment.
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