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# Distance Learning

The impact of COVID-19 and the implementation of phased re-opening plans may require that some schooling take place at home through distance learning. Well-designed online courses and a proper home set up (environment) improve a student's (person) engagement in educational tasks (occupation). Below are considerations for school administrators, teachers, and school staff.

## Habits and Routines

- Create and provide an [orientation for students](#) that addressed the tools and skills needed to be successful in an online learning environment.
- Set expectations for virtual class participation that promote a predictable routine (e.g., enter virtual classroom, turn camera on, mute microphone, participate in welcoming introduction).
  - Collaborate with all educators and paraprofessionals involved in distance learning and create consistent expectations across courses.
  - Communicate schedules and expectations to students and families through various methods (e.g., face-to-face instruction, email, flyers).
- Establish a consistent day of the week, across all courses, for assignment due dates.
- Routinely use tools to [encourage participation](#), such as polling response systems.

## Student Engagement

- Use virtual classroom tools (e.g., discussion boards, group rooms, video chat) to facilitate connections between students and staff.
- Use instant messaging tools to check in on distance learning students throughout the school day.
- Provide opportunities (i.e., virtual office hours) for students to connect with you outside of instructional time.
- Check in with students and families about [how students are coping with the challenges associated with distance learning at home](#).
- Facilitate after school clubs and virtual lunchtime meet ups that may be successful despite social distancing.
- Provide groups that are facilitated by school counselors that allow students to discuss the disruptions.

## Online Learning

- Identify students who need access to the Internet or an e-learning device to access virtual classrooms.
- Explore resources such as [Quality Matters Emergency Remote Instruction Checklists and Webinars](#).
- Incorporate [resources](#) that help design a student-focused [online quality course or classroom environment](#).
- Use standards and rubrics to design effective online classroom environments.
- [Address accessibility challenges](#) (e.g., universal design for learning, video captions and audio descriptions, color choice and contrast).
- Ensure access to Internet connectivity and [appropriate Wi-Fi bandwidth](#).
- Use [educational television access channels](#) if available in your community.
- Test virtual learning tools before using them during instruction.

## Learning Spaces

- Encourage students to remove unnecessary clutter and distractions from the learning workspace.
- Provide a list of materials that should be readily available within the student's home work space (e.g., glue, pencils, paper).
- Encourage students to organize the learning workspace so all learning tools (e.g., laptop, worksheets, books) are readily available.
- Encourage families to set up learning workspaces that allow for [proper ergonomic positioning](#) to prevent fatigue.

## Homework and Projects

- Ensure assignments can be reasonably completed by students in the home and online environments.
- Provide simple written, bulleted directions for all assignments.
- Provide video clarifications for complex assignments.

## Accommodations

- Identify students who need support to utilize technology for learning or other accommodations.
- Divide longer assignments and learning activities into manageable components.
- Provide reminders, as well as flexible due dates for assignments.
- Allow additional time for online tests.
- Use visual supports and animations to explain difficult concepts.

## Resources

- Council for Exceptional Children—[Best Practice for Educating Online](#)
- Michigan Association of Administrators and Superintendents—[National Distance Learning Resources](#)
- National Education Association—[Guide to Online High School Classes](#)