Family remained a core institution in the lives of many Chinese and Korean American elders residing in the US. In fact, the influence of occupations and roles on perceived quality of life cannot fully be explored without the context of family life.

Aging: Aging is viewed as an inevitable process with passive acceptance.

Life Satisfaction: Activity and the ability to still do is associated with satisfaction or happiness in life.

Strong Work Ethic: For a majority of those who worked in paid employment, a strong work ethic is preserved in old age.

Family Support: Interdependence between generations in a family is

Residency Patterns: The majority of elders either lived with a spouse or with their adult children and/or grandchildren.

Leisure & Recreation: Home entertainment for the elders included

Volunteering: the church and the community offer many volunteer opportunities for the elderly.

Housing: Most of the elders either lived with a spouse and/or with their adult children and/or grandchildren.

Community interventions that are culturally appropriate... of health and human services is needed to support occupational engagement, health, and quality of life (Pang, 2003).

In this pilot qualitative study, our aims were to explore (1) the daily activities/occupations and roles within family life, and (2) the perceptions of quality of life influenced by those occupations and roles among groups that often remain invisible, yet are growing in numbers specifically, Chinese and Korean American older adults in the US (Crowell et al, 2002).

This body of knowledge ideals contribute to cultural competency among occupational therapy practitioners. Community interventions that are culturally appropriate support meaningful occupational engagement and participation in all aspects of life, including family life. Increased understanding of Chinese and Korean older adults supports occupational therapy's focus on providing effective holistic and client-centered interventions.

Culture is embedded in the everyday lives of individuals. Individuals are heavily influenced by family and culture. Thus a frame of reference is needed. It is important to understand the individual in relation to family and culture (Fitzgerald, 2004). The growing of our multicultural nation requires research to increase understanding of the perceptions, values and needs of ethnic populations. Access and utilization of health and human services is needed to support occupational engagement, health, and quality of life (Pang, 2003).