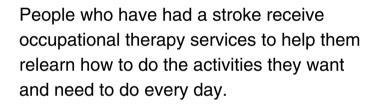


Occupational Therapy Services for

Stroke



Occupational therapy practitioners work with clients to:

- Learn new ways to bathe, dress, and use the toilet
- Walk with mobility aids (e.g., cane, walker) in the community
- Eat and drink
- · Evaluate their homes for safety risks
- Use adaptive equipment to make chores easier
- Manage stress and emotions
- Learn thinking strategies that help with remembering, planning, and organizing
- Do exercises that help with strength, movement, and sensation
- Drive safety or use other forms of transportation
- Go back to work
- Communicate with care partners



What You Can Do



Ask yourself if your stroke is affecting your daily life



Ask your care provider for occupational therapy services

Reference: Hildebrand, M. W., Geller, D., & Proffitt, R. (2023). Occupational therapy practice guidelines for adults with stroke. American Journal of Occupational Therapy, 77, 7705397010.

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