

Incorporating Practice Improvement Resources in the Classroom

Occupational therapy educators teach OT and OTA students strategies to improve practice, but they don't always have time to develop teaching materials. AOTA resources help educators teach about evidence-based practice, knowledge translation, and quality. Log in as a member to the AOTA website to access the following resources.

Literature Searches

- Review <u>A Straightforward Guide to Searching for Evidence</u>
- Review Knowledge Translation Toolkit's <u>Maximizing Time in Gathering and Reviewing Evidence</u>
- Review Knowledge Translation Toolkit's video on <u>Accessing Full-Text Articles via PubMed</u>

Article Appraisal and Synthesis

- Review <u>Critically Appraised Paper (CAP) resources</u>
 - □ Guidelines for developing a CAP
 - Statistics review
- Read <u>Using Critically Appraised Papers (CAPs) in an Occupational Therapy Curriculum: Ideas</u> for Teaching and Practice
- □ Listen to the Everyday Evidence Podcast: How CAPs can Facilitate EBP
- Review the Journal Club Guide's decision guide on Critically Appraising Articles
- Use the Journal Club Guide's critical appraisal forms
 - Qualitative studies
 - □ Systematic reviews and meta-analyses
 - Quantitative studies
 - Mixed methods studies
- Review the Journal Club Guide's <u>Guiding Questions for Journal Club Discussions</u>

Translate Knowledge

- Use the <u>Knowledge Translation Toolkit</u> to learn practical strategies for overcoming barriers to evidence-based practice
 - Listen to the Everyday Evidence Podcast: <u>Knowledge Translation Toolkit</u>
- Use AOTA's <u>Choosing Wisely Recommendations</u> to promote best practices and enhance shared decision making with clients

Integrate EBP Throughout the Curriculum

- Listen to the Everyday Evidence Podcast: Advancing the Entry-Level Practitioner
- □ <u>Create a culture</u> that values evidence-based practice
- Consider the <u>Daily Dose of Evidence</u> resource to learn about ways to incorporate EBP in your curriculum
- □ Start a <u>Journal Club</u> on fieldwork
 - Listen to the Everyday Evidence Podcast: <u>The Virtual Journal Club Guide</u>
- □ Integrate evidence from systematic reviews and Practice Guidelines into intervention planning
 - □ Listen to the Everyday Evidence Podcast: EBP Basics
 - Review <u>HOT Evidence infographics</u>
 - Review Evidence-Informed intervention Ideas



Promote Continuous Quality Improvement During the OT Process and as a Practitioner

- Evaluation
 - Complete an <u>Occupational Profile</u> with every client to ensure client-centered practice and a consistent commitment to quality services
 - Utilize the <u>AOTA Evaluation Checklists</u> to guide client evaluations and as a tool for advocacy
 - Access the <u>Section GG Self Care and Mobility Items</u> resource to help score and document Section GG items
- □ Intervention
 - □ Listen to the Everyday Evidence Podcast: <u>Post-Acute Care Systematic Review</u> to learn how quality is tied to improving practice
 - □ Focus on ensuring <u>documentation</u> captures important data to support client goals and outcomes and highlights the distinct value of occupational therapy
 - Utilize the <u>Considerations for Group, Concurrent, and Individual Therapy in Skilled</u> <u>Nursing Facilities</u> document
- Outcomes
 - Review processes and outcomes in your practice, facility, or system to find areas to focus on for quality improvement
- As a Practitioner
 - Read <u>AOTA Member Spotlight</u> articles to see how occupational therapy practitioners are incorporating quality into their practice and careers
 - Become involved in quality improvement projects or teams in your organization

For easy access to AOTA resources, add these QR codes to your course materials

Quality Resources



Evidence-based practice & knowledge translation resources

