Driving skills include:

Vision
- Change focus from dashboard to the road ahead
- Track people as they cross the road
- See all surrounding vehicles
- Recognize color and shapes of signs
- Read signs from a distance

Perception
- Judging distance between your car and the car in front of you
- Judging the right brake pressure to stop at correct time and place

Cognition
- Understanding and following traffic signs in a timely manner
- Being able to maintain road position while reading signs, signals, and watching traffic
- Making quick decisions in an emergency situation

Physical Abilities
- Neck movement to see blind spots
- Hand strength to grip steering wheel
- Sensation of foot to feel brake and gas pedals
- Postural strength to sit for long periods

Yes No If yes ... You may benefit from Occupational Therapy

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<th>Have you given up activities that you have always enjoyed?</th>
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<td>Are you upset because you can't do the things you want?</td>
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<td>When driving, do you have trouble looking over your shoulder to back up?</td>
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<td>Have you become lost while driving?</td>
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<td>Are you, or your loved ones, concerned about your safety while driving?</td>
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<td>Do you feel left out because you can't drive or get out into the community?</td>
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Your Guide to the Grady Occupational Therapy D.R.I.V.E. Program

Grady Memorial Hospital
OhioHealth

561 West Central Avenue
Delaware, Ohio 43015

Occupational Therapy
Phone (740) 615-2660
Fax (740) 615-2663
www.ohiohealth.com

Services funded in part through:
Council for Older Adults of Delaware County
Ohio Hospital Association
The American Occupational Therapy Association
National Highway Transportation and Safety Administration
How can an Occupational Therapist help me?

Occupational therapists trained in driver rehabilitation understand how driving affects the quality of your life. Occupational therapists:

- Assess your skills to safely drive a car
- Teach safe driving techniques
- Recommend car modifications and train to use

What does an Occupational Therapy driving evaluation involve?

- First Appointment: An occupational therapist will assess your visual, perceptual, cognitive, and physical skills related to driving. This may take 2 hours.

- Second Appointment: An “On-the-Road” driving evaluation is then scheduled with an occupational therapist, who is also a certified driving instructor. This appointment may be two to three hours and must occur within 30 days of the first appointment.

Services may also include:

- Recommendations for appropriate car modifications and local resources to obtain and install
- Driver training with the car modifications
- A final review and check-out of the modified car
- A detailed report is provided to your doctor summarizing the results and recommendations.

PLEASE NOTE: An occupational therapist is not an agent of the state Bureau of Motor Vehicles and does not have the authority to revoke your license to drive.

What do I need to participate in the Grady D.R.I.V.E. Program?

- Contact your doctor for an “Occupational Therapy Evaluation for Driver Rehabilitation” referral
- Have a valid driver’s license or permit
- Be medically stable
- Provide medical insurance information when calling to schedule. Insurance pre-authorization assistance is available.
- Call to schedule: (740) 615-2660