Occupational Therapy Process for Driving and Community Mobility

Occupational Profile
Domain: Area of Occupation
Instrumental Activity of Daily Living: Community Mobility
- Where does the client need to go?
- How can they get there?
  - Walk
  - Drive
  - Family and friends
  - Public transit
  - Paid transit (private, taxi)
  - Other

Driving is identified as a valued occupation

Observe performance of complex IADL (Evaluation of vision, cognition, motor, perception)

Strengths, weaknesses, resources

Goals and plans for:
- Driving
- Walk
- Transition to passenger

Are there impairments that trigger problem with driving?

Choice
Option to get driving evaluation with informed risk of failure

Is it possible to drive in the future?

Intervention for impairments: Prepare for skills/knowledge of driving
- Remediate skills
- Compensate
- Train skills

Educate Client/Family on Alternatives:
- Caregiver training
- Dementia intervention
- Cessation training

Consider reevaluation

Address other domains if needed

Light - Generalist
Medium – Client Choice
Dark – Driver Specialist

Recommend return to occupation of driving

Recommend intervention

Recommend cessation

Recommend restrictions

Refer to physician

Mild impairments may affect driving

Refer