

## Talking Points for Transition Modules - Introduction

**Slide 1:** Read slide

**Slide 2:** Read slide

**Slide 3:** Read slide

**Slide 4:** Read slide

**Slide 5:** Read slide

**Slide 6:** This quotation is from Pg. 12 of the OT Practice article from June 28, 2010 entitled *Role of Occupational Therapy in Transition Across the Lifespan*. This presentation reviews the conceptual and practice considerations of occupational therapy's role in transitions along with vignettes across the lifespan.

**Slide 9:** Preparing clients for transition by including skill development and practice and engaging in occupations necessary to transition to, and function in, post-transition environments is consistent with longstanding practices of occupational therapy and AOTA's Centennial Vision.

**Slide 10:** "Self-determination allows individuals with disabilities to live independently, to exert control and choice over their own lives, and to fully participate in and contribute to their communities through full integration and inclusion in the economic, political, social, cultural, and educational mainstream of United States society."

Self-determination supports the belief that all individuals have a right to direct their own lives.

Acquisition of these essential skills should begin in the early years and continue throughout the lifespan.

**Slide 11:** We all face transitions in our lives. By identifying transitions in your own life you can better serve and identify the needs of your clients. Some examples of transition include adjusting to a move, a change of employment, adapting to a change in finances, or overcoming stress associated with divorce or loss.

Can you think of a transition in your own life?

Our own anecdotal experience or those of our family or friends demonstrates to us the significance of transition on an emotional level.

**Slide 12:** What is the role of the occupational therapy in transitions? Our profession is based on a holistic and humanist philosophy with the belief that meaningful occupation promotes quality of life. Our professional responsibility is to ensure that every individual has the opportunity for meaningful societal participation.

**Slide 13:** The cross-systems approach or concept suggests that we view our clients through transition, that they are in a dynamic process of entering or exiting various stages of life or situations and facing challenges in occupational performance based on factors such as their health, environment, or ability.

**Slide 14:** Read slide

**Slide 15:** Transitions begin in the early years when families adjust to caregiving responsibilities, and shifts in priorities and settings occur as the child enters preschool and kindergarten.

**Slide 16:** As the child continues his or her schooling, he or she faces increasing academic and social demands. His or her interests and goals should be identified and aligned with building strengths and abilities for future employment, education, independent living, and social participation.

**Slide 17:** Wounded soldiers with this mission are managed through a continuum of holistic care that supports not just their body, but also their mind, heart, and spirit. This is a bold new front in military medicine, and army occupational therapists and occupational therapy assistants are embracing their new role to assist soldiers.

**Slide 18:** These seven vignettes illustrate transitions across the lifespan and can be viewed individually, sequentially, or in their entirety. Simply click on the photo and you will be taken directly to that particular vignette.