

*The University of Illinois at Chicago, Department of Occupational Therapy  
in Cooperation with the American Occupational Therapy Association  
Presents:*

## **Strategies for Enhancing the Role of Occupational Therapy in Mental Health Care: Lessons from the United Kingdom**



**Wednesday January 13, 2010**

**Chicago, Illinois**

Part of AOTA's Centennial Vision is to enhance the role of occupational therapy in mental health. This symposium offers a unique opportunity to learn from and exchange views with three leaders in mental health occupational therapy from the United Kingdom (UK). Dr. Kirsty Forsyth is a professor at Queen Margaret University in Edinburgh, Scotland and one of the co-founders of the United Kingdom Centre of Outcomes Research and Education (UKCORE), an organization devoted to the development of occupation-focused and evidence based practice through academic-practice partnerships. Dr. Forsyth has received over \$4 million in national grants to develop evidence-based practice within the UK National Health Service (NHS) and has worked extensively with occupational therapists in mental health organizations (trusts) throughout the UK. Dr. Jane Melton is Director of Social Inclusion at the 1:2gether NHS Foundation Trust in Cheltenham, England. Dr. Mary Morley is Director of Therapies in the South West London and St Georges Mental Health NHS Trust. Drs. Melton and Morley have led and studied a long-term initiative to develop mental health occupational therapy practice in their respective trusts. These three leaders will provide an overview of challenges facing mental health practice in the UK and share from their vast experiences, the kind of efforts that can be successful in enhancing the place and contribution of occupational therapy within mental health service delivery. Drawing on their successful experiences, these three leaders will discuss how a vision was developed for enhancing the role of occupational therapy in mental health and provide practical examples of how they set about achieving this vision.

### **PROGRAM SCHEDULE**

- |               |   |
|---------------|---|
| 8:30-9:30am   | <b>Registration &amp; Continental Breakfast</b>   |
| 9:30-10:00am  | <b>Welcome and Introduction to the Day</b><br><i>Prof. Gary Kielhofner and Prof. Kirsty Forsyth</i>   |
| 10:00-10:30am | <b>The Vision and Plan of Strengthening Mental Health Occupational Therapy in the UK</b><br><i>Prof. Kirsty Forsyth</i><br><p>This session discusses the vision of strengthening mental health services, where the efforts came from, and what they sought to achieve. It also overviews a number of important challenges that had to be overcome in strengthening the role of occupational therapy in mental health.</p> |

- 10:30-10:45am **The Policy context**  
*Dr Jane Melton*  
This session overviews the policy and organizational context within which initiatives to enhance the role of occupational therapy have taken place. It will overview how mental health services are organized and delivered in the UK and highlight legislative and policy initiatives that impacted occupational therapy.
- 10:45-11:00am **Coffee Break**
- 11:00-11:45am **Developing Mechanisms to Support Mental Health Occupational Therapy Services to Flourish**  
*Prof. Kirsty Forsyth*  
This session overviews implementation of the vision for enhancing occupational therapy mental health services. It discusses evidence concerning how innovation occurs and how this evidence guided UKCORE efforts. The presentation also discusses the evidence-based structure that was put into place.
- 11:45-12:45pm **Example 1: 2gether NHS Foundation Trust**  
*Dr Jane Melton*  
This presentation focuses on how to tailor practice development strategies to individual needs in order to meet NHS strategic goals. It will use the experience of the 1:2gether NHS Foundation Trust to illustrate this process.
- 12:45-1:45pm **Lunch Break**
- 1:45-2:45pm **Example 2: South West London and St George's NHS Trust**  
*Dr. Mary Morley*  
This session will focus on development of information management systems in order to promote evidence-based practice and to profile occupational therapy mental health services and their outcomes.
- 2:45-3:00pm **Coffee Break**
- 3:00-4:00pm **Example 3: NHS Lothian**  
*Prof. Kirsty Forsyth*  
This session will focus on evidence-based services. It will discuss efforts to change occupational therapy service delivery models in order to bring them in line with National Health Service strategic goals & scientific evidence.
- 4:00-5:00pm **Conclusion and Take Home Messages**  
*Panel of presenters*

#### SYMPOSIUM LOCATION

The symposium will be held at the University of Illinois at Chicago at the Student Center West Building on the 2<sup>nd</sup> floor. It is located at 828 S. Wolcott Ave, Chicago, IL. 60612.

Please visit MOHO Clearinghouse site, <http://www.moho.uic.edu/>, for complete symposium information. General Inquiries are welcome. Please contact Jenica Lee @ (312) 355-3184 or email: [jenlee22@uic.edu](mailto:jenlee22@uic.edu)

#### REGISTRATION FORM & FEES

Registration fee for the symposium is \$50 Per Person (Includes Continental Breakfast & Coffee Breaks) Early registration is encouraged as space is limited. Please inquire with Jenica Lee (see above) about same day registration.

Continuing Education Credits: This event is sponsored for .55 CEUs by the American Occupational Therapy Association and 5.5 CE Contact hours by the Illinois Department of Professional Regulations.

Please Make Check (U.S. only) payable to "University of Illinois"

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Organization: \_\_\_\_\_

#### **Please mail this form and check to:**

Department of Occupational Therapy (MC 811)  
University of Illinois at Chicago  
1919 W. Taylor Street  
Chicago, IL. 60612-  
Attn: Jenica Lee