



**“I see my patients living longer.
Occupational Therapy can help them
live life to its fullest.”**

—Dr. Sudip Bose, Medical Director, Odessa, TX

Occupational therapy can:

- Enable people with dementia to participate in daily activities, and improve the quality of life of their caregivers.¹
- Decrease depression and enhance overall health and well-being among older adults.²
- Evaluate older drivers for safety and provide rehabilitation or adaptive devices, or recommend other transportation services as needed.
- Work with employers to help older workers stay on the job through adaptations for physical or cognitive disabilities.
- Minimize the risk of falling by assisting older adults with balance, posture, and safety techniques while providing emotional support and encouragement.
- Provide assessment and training in the use of adaptive equipment such as artificial limbs, visual aids, and wheelchairs.
- Provide rehabilitation to resume function after stroke, surgery, or other medical incident.
- Help older adults stay in their homes through environmental modifications and other supports.

**Help your older patients live life
to its fullest by referring them to
occupational therapy.**

Occupational therapy practitioners work with adults of all abilities to do the things they want and need to do through the use of therapeutic activities (occupations).

Photograph of couple dancing for illustrative purposes only; persons pictured are models. Portrait photograph courtesy of Dr. Bose.