CRITICALLY APPRAISED PAPER (CAP) WORKSHEET

General Instructions: Please insert your responses in the boxes provided, which will expand if more room is needed. If information requested is **NOT REPORTED** in the article, use "NR" as the response.

CITATION AND DOI NUMBER:

FOCUSED QUESTION:

CLINICAL BOTTOM LINE:

RESEARCH OBJECTIVE(S)

List study objectives.

DESIGN TYPE AND LEVEL OF EVIDENCE:

Limitations (appropriateness of study design):

Was the study design type appropriate for the knowledge level about this topic? *Circle yes or no, and if no, explain.*

YES/NO

SAMPLE SELECTION

How were subjects selected to participate? Please describe.

Inclusion Criteria

Exclusion Criteria

SAMPLE CHARACTERISTICS

N=

% Dropouts

#/ (%) Male

#/ (%) Female

Ethnicity

Disease/disability diagnosis

Check appropriate group:

<20/study group	20–50/study group	51–100/study group	101–149/study group	150–200/study group

INTERVENTION(S) AND CONTROL GROUPS

Add groups if necessary

Group 1

Brief Description	
Setting	
Who Delivered?	
Frequency?	
Duration?	

Group 2

Brief Description	
Setting	
Who Delivered?	
Frequency?	
Duration?	

Group 3

Brief Description	
Setting	
Who Delivered?	
Frequency?	
Duration?	

Intervention Biases: *Circle yes or no and explain, if needed.*

Contamination

YES/NO

Co-intervention

YES/NO

Timing

YES/NO

Site

YES/NO

Use of different therapists to provide intervention

YES/NO

MEASURES AND OUTCOMES

Complete for each relevant measure when answering the evidence-based question:

Name of measure, what outcome was measured, whether the measure is reliable and valid (as reported in article – yes/no/NR [not reported]), and how frequently the measure was used.

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Measurement Biases

Were the evaluators blind to treatment status? *Circle yes or no, and if no, explain.*

YES/NO

Recall or memory bias. *Circle yes or no, and if* ***yes,*** *explain.*

YES/NO

Others (list and explain):

RESULTS

List results of outcomes relevant to answering the focused question

Include statistical significance where appropriate ($p<0.05$)
Include effect size if reported

Was this study adequately powered (large enough to show a difference)? *Circle yes or no, and if no, explain.*

YES/NO

Were appropriate analytic methods used? *Circle yes or no, and if no, explain.*

YES/NO

Were statistics appropriately reported (in written or table format)? *Circle yes or no, and if no, explain.*

YES/NO

CONCLUSIONS

State the authors' conclusions that are applicable to answering the evidence-based question.

This work is based on the evidence-based literature review completed by _____

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